

# Post-Exposure Protocol (PEP)

Bloodborne Pathogens · Sharps & Needlestick Injuries · Chemical & Radiation Exposures

## EMERGENCY — Life-threatening: Call 911 immediately

### IMMEDIATE STEPS — DO THIS RIGHT NOW

#### 1 Stop the procedure

Remove yourself from the operatory safely. Alert a colleague to take over patient care.

#### 2 Wound care — within 60 seconds

Needlestick/skin: wash vigorously with soap and running water  $\geq 15$  min. Do NOT squeeze, suck, or apply bleach.

Eyes/mouth/nose: flush with water  $\geq 15$  min at eyewash station.

#### 3 Notify supervisor / Infection Control Coordinator immediately

Do not wait until end of day — call even after hours.

#### 4 Retain source patient

Politely ask the patient to remain for precautionary testing. Do not alarm them. Document refusal if they decline.

#### 5 Go to your employer-designated evaluation site within 1-2 hrs

Per **OSHA 29 CFR 1910.1030**, your employer is required to provide post-exposure medical evaluation at **NO COST** to you at a **pre-designated site**.

Do **NOT** go to a general ER or personal physician unless they are your employer's designated site. PEP must begin within **2 hours** of exposure for maximum effectiveness.

#### 6 Complete documentation — same shift

Fill out the Dental Incident Report. Document exposure route, fluid type, PPE worn, and source patient information.

### TYPE OF EXPOSURE — FIRST AID

#### Needlestick / Sharps

Wash  $\geq 15$  min · Do NOT squeeze · Cover with bandage · Do NOT apply bleach

#### Eye splash

Eyewash station · Flush  $\geq 15$  min · Remove contacts before/during flushing

#### Mouth / Nose splash

Spit immediately · Rinse repeatedly  $\geq 15$  min · Do not swallow

#### Skin (non-intact)

Wash  $\geq 15$  min · Report even if skin appears intact

#### Chemical exposure

See SDS in operatory · Poison Control: 1-800-222-1222

#### Radiation exposure

Leave area · Check dosimeter · Notify RSO immediately

### EMERGENCY CONTACTS — FILL IN BEFORE POSTING

Infection Control Coord. (ICC)

Dental Director / Medical Dir.

Employer-designated medical site

Workers' Comp Coordinator

Poison Control (US)

1-800-222-1222 (24/7)

State Health Dept. BBP Line